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Thank you for your entry to the 12th Annual Great Northern Boys Invitational!

The Final Schedule of Events is as follows:

**Saturday, January 23rd, 2016**

**Session 1 : Levels 7 – 10 (43 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

7:50am	Doors Open / Stretch
8:20am	First timed warm up event
8:30am	Team Introductions and competition
11:35am	Awards Ceremony

**Starting events:**

FX – Minnesota Valley  
PH – Minnesota Valley  
SR – Minnetonka-Hopkins  
V – North Shore, Midwest  
PB – Great Northern  
HB – TNT, TCT

***Go cheer on our Gopher Men's Team as they host Penn State at the U of M Pavilion at 1:00PM!***

**Sunday, January 24<sup>th</sup>, 2016**

**Session 1 : Levels 4 & 6 (74 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

9:00am	Doors Open / Stretch
9:30am	First timed warm up event
9:40am	Team Introductions and competition
12:40pm	Awards Ceremony

**Starting events:**

FX – Minnesota Valley, North Crest  
PH – TCT, TNT  
SR – Jam Hops, Gleason's Eagan  
V – Minnetonka-Hopkins, North Shore  
PB – Great Northern, Kenwood  
HB – Midwest

**Session 2 : Level 5 (59 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

1:30pm	Doors Open / Stretch
2:00pm	First timed warm up event
2:10pm	Team Introductions and competition
5:05pm	Awards Ceremony

**Starting events:**

FX – Minnetonka Hopkins  
PH – Kenwood  
SR – Gleason's Eagan, TNT  
V – Minnesota Valley, TCT  
PB – Great Northern, North Shore  
HB – Jam Hops, North Crest

**GREAT NORTHERN BOYS INVITATIONAL**