



900 3rd. Street  
St. Paul Park, MN 55071

Phone 651-768-0090  
Fax 651-768-8204  
[www.greatnorgymnastics.com](http://www.greatnorgymnastics.com)

Thank you for your entry to the 11th Annual Great Northern Boys Invitational!

The Final Schedule of Events is as follows:

**Saturday, January 24<sup>th</sup>, 2015**

**Session 1 : Levels 7 – 10 (37 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

10:00am Doors Open / Stretch  
10:30 First timed warm up event (13 min)  
10:45 Team Introductions and competition  
2:00pm Awards Ceremony

Starting events:

FX – Minnesota Valley  
PH –  
SR – TCT, Midwest, KAATs  
V – TAGs  
PB – Great Northern  
HB – Minnesota Valley

*Go cheer on our Gopher Men's Team as they host Air Force at the U of M Pavilion at 5:00PM!*

**Sunday, January 25<sup>th</sup>, 2015**

**Session 1 : Levels 5 & 6 (62 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

10:00am Doors Open / Stretch  
10:30 First timed warm up event (10 min)  
10:40 Team Introductions and competition  
1:20pm Awards Ceremony

Starting events:

FX – Classic, Kenwood  
PH – TAGs  
SR – TCT, Great Northern  
V – Midwest, KAATs  
PB – Minnetonka-Hopkins  
HB – Gleasons Eagan, Minnesota Valley

**Session 2 : Level 4 (44 gymnasts)**

**\*\* Modified Capital Cup Format \*\***

2:00pm Doors Open / Stretch  
2:30 First timed warm up event (8 min)  
2:40 Team Introductions and competition  
4:40 Awards Ceremony

Starting events:

FX – Classic, Kenwood, KAATs  
PH – Great Northern  
SR – TCT  
V – Minnetonka-Hopkins  
PB – Gleasons Eagan  
HB – Minnesota Valley

# GREAT NORTHERN BOYS INVITATIONAL